

Garlic Parmesan Ramen

Directions: Add 8 oz (240 mL) hot/cold water to the noodles. Let stand until rehydrated. Properly discard or consume the leftover broth. Add the parmesan, herbs, and 3 Tbsp (42 g) olive oil. Stir to mix well.

Ingredients: ramen noodles, parsley, garlic powder, salt, pepper, parmesan cheese, olive oil

Nutrition: 860 kcal (151 cal/oz), 21 g protein, 53 g carbohydrate, 3 g fiber, 2 g total sugar, 0 g added sugar, 65 g fat, 1129 mg sodium

Net weight: 5.7 oz | 159 g **Expiration Date:** _____

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